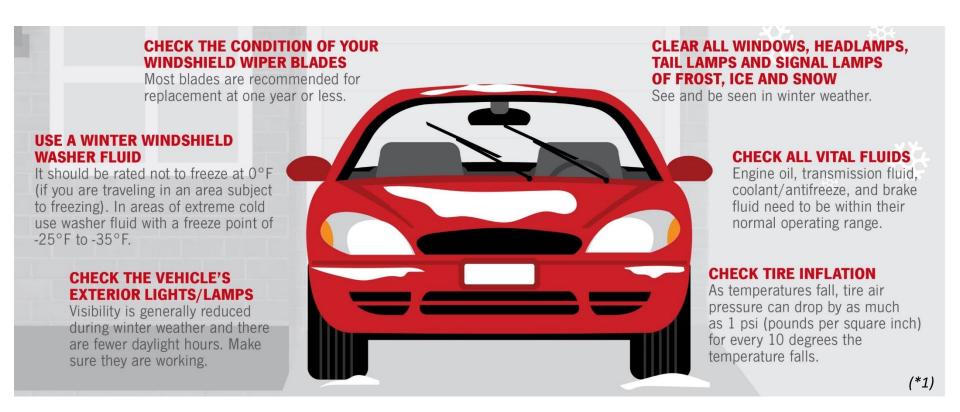
HOME & HOLIDAY || Winter Travel

Stay safe this winter holiday season by planning ahead and making good choices when traveling. When preparing to travel, be aware of current and forecasted weather conditions. Get your car ready for cold weather before winter arrives and ensure it is well-equipped for the road conditions.

Remember the three P's of Safe Winter Driving:

PREPARE for the trip >> **PROTECT** yourself >> **PREVENT** crashes on the road



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Winter Driving Safety Tips

- Speed limits are based on normal road conditions, so reduce your speed when there is ice or snow.
- Stay at least 200 feet back if you are behind a snow plow.
- Bridges, ramps and overpasses freeze first, so use extreme caution.
- Know how to safely maneuver a vehicle if skidding on ice occurs.
- Maintain at least three times the normal following distance when driving on snow and ice.
- Be aware of 'black ice' which is a nearly invisible layer of ice that can develop on roads and cause a driver to rapidly lose control. Black ice is especially common at night.





Not clearing ice and snow from your vehicle before driving is dangerous. Take time to properly clear windows, mirrors and lights.





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Keep a safety kit in every car with supplies you might need in the event of an unexpected roadside emergency. Ideas for winter include:

- Snacks and bottled water, medication if needed
- First aid kit and plastic bags (for sanitation)
- Blankets, or other items to keep warm
- Cat litter or sand for icy areas
- Booster cables, tow chain or rope, and flares
- Spare tire and tire jack
- Flashlights, battery powered radio, batteries
- Windshield scraper and brush



Example emergency preparedness kit that can be kept in the trunk.

If you do become stranded in a winter storm, don't panic and stay with your car unless safety or help is less than 100 yards away. Follow these tips until help arrives.



- Continue to move arms and legs.
- Stay visible by putting a bright cloth on the antenna, turning on the inside light when the engine is on and raising the hood when snow isn't falling.
- Run the engine and heater only 10 mins every hour.
- Keep a downwind window open.
- Make sure the tailpipe is not blocked.

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Don't forget that travel safety awareness applies to all aspects of your winter holiday travel including securing your home while you are away, airline travel, hotel safety and traveling with kids and pets.

- Suspend your newspaper delivery and mail service while you are on vacation, or have someone you trust pick it up for you.
- Consider having a few lights inside the house on timers to make it appear as if there is activity inside the house while you are away.
- Label your luggage with your name and phone number, and make a list or take photos of the items in your checked bags. If you must pack valuable items, try to take those in your carry-on luggage.
- Keep track of your valuables while traveling, don't leave your baggage unattended.
- Don't accept packages from strangers and report suspicious activities.



USE ELECTRONIC DEVICES FOR MAKE SURE YOUR PET IS WEARING ID TAGS PERIODS OF BOREDOM OR CRANKINESS. PACK A COOLER WITH WATER AND HEALTHY SNACKS SUCH AS FRUIT. USE A SAFETY RESTRAINT **NUTS. & GRANOLA BARS** STOP EVERY FEW HOURS TO BRING A PORTABLE WATER BOW LET THE KIDS STRETCH THEIR LEGS ALWAYS BE SURE TO USE REMEMBER YOUR PET'S FAVORITE TO PROPER RESTRAINTS

TRAVELING WITH KIDS

(*8) Never leave bags unattended when traveling.

TRAVELING WITH PETS

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- More tips to stay safe while traveling for the holidays this winter season:
- Avoid travel during winter weather advisories.
- Avoid fatigue, get plenty of rest before the trip and if driving, stop at least every three hours and rotate drivers if possible.
- Do not text or become otherwise distracted while driving.
- Consider joining AAA or another travel club for roadside and travel assistance if it becomes unexpectedly needed.
- Understand your health and accident insurance coverage.
- Tell friends or family your travel route and expected arrival time.
- Carry a cell phone; ensure it is always charged.
- Carry a small first aid kit while traveling.
- Plan your route ahead of time.
- Use a wintertime formula in your windshield washer.
- Keep gas tank full to avoid ice in the tank and fuel lines.
- Have vehicles serviced before road trips.
- Never broadcast your location on Facebook or Twitter.





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